

Schedule 2019-2020

01/09/2019 - 01/08/2020

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Studio Pilates	By Appointment						
Ballet Adults	16:00 - 17:00 Vougioukli Vasia 17:00 - 18:30 Vougioukli Vasia open		16:00 - 17:00 Vougioukli Vasia 17:00 - 18:30 Vougioukli Vasia open		17:00 - 18:30 Metaxopoulos Kosmas open		
Contemporary Dance	21:00 - 22:30 Apostolatou Eirini	19:00 - 20:30 Voutsina Efrosini open		19:00 - 20:30 Voutsina Efrosini open			
Acro contemporary			21:00 - 22:30 Moschou Maria				
Body Conditioning	11:00 - 12:00 Voutsina Efrosini	18:00 - 19:15 Voutsina Efrosini	11:00 - 12:00 Voutsina Efrosini	18:00 - 19:15 Voutsina Efrosini	12:00 - 13:00 Voutsina Efrosini		
Capoeira Adults		20:45 - 22:00 da Conceição Oliveira Paulo Roberto		20:45 - 22:00 da Conceição Oliveira Paulo Roberto open First class: 10th September		17:30 - 19:00 da Conceição Oliveira Paulo Roberto	
Vinyasa Flow Yoga	19:30 - 21:00 Verrou Afroditi open		19:30 - 21:00 Verrou Afroditi				
Iyengar Yoga						13:00 - 14:30 Fragkakis Antonis	
Barre Physique	18:30 - 19:30 Moschou Maria		18:30 - 19:30 Moschou Maria				
Ballet for Kids		17:00 - 18:00 Mamourelis Despoina		17:00 - 18:00 Mamourelis Despoina			
Ballet for Infants				16:00 - 17:00 Mamourelis Despoina			
Capoeira for Infants						11:00 - 12:00 da Conceição Oliveira Paulo Roberto	
Contemporary dance for Kids						12:00 - 13:00 Moschou Maria	

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For studio pilates classes contact us at info@pilatesdance.gr

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