

Schedule October 2017 - July 2018

01/10/2018 - 31/07/2019

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Studio Pilates	By Appointment						
Ballet Adults	16:00 - 17:00 Vougioukli Vasia 17:00 - 18:30 Vougioukli Vasia		16:00 - 17:00 Vougioukli Vasia 17:00 - 18:30 Vougioukli Vasia open		17:00 - 18:30 Metaxopoulos Kosmas open		
Contemporary Dance		19:00 - 20:30 Voutsina Efrosini open		19:00 - 20:30 Voutsina Efrosini open	18:30 - 20:00 Arapaki Eleni		
Vinyasa Flow Yoga	19:30 - 21:00 Romosiou Anthi open		19:30 - 21:00 Romosiou Anthi open				
Iyengar Yoga						13:00 - 14:30 Fragkakis Antonis	
Body Conditioning	11:00 - 12:00 Voutsina Efrosini	18:00 - 19:15 Voutsina Efrosini	11:00 - 12:00 Voutsina Efrosini	18:00 - 19:15 Voutsina Efrosini	12:00 - 13:00 Voutsina Efrosini		
Barre Physique	18:30 - 19:30 Gazi Christina		18:30 - 19:30 Gazi Christina				
Ballet for Kids		17:00 - 18:00 Gazi Christina		17:00 - 18:00 Gazi Christina			
Ballet for Infants				16:00 - 17:00 Gazi Christina			
Capoeira for Kids		16:00 - 17:00 Contramestre Fuba				10:15 - 11:15 Contramestre Fuba	
Contemporary dance for Kids						12:00 - 13:00 Gazi Christina	

pilatesdance.gr tel-fax:2107232379

For studio pilates classes contact us at info@pilatesdance.gr

Source: https://pilatesdance.gr/downloads/programmes/programme4_2019-04-15_11-29-18_en.pdf

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